

## **Community Living and Supportive Services**

The Community Living and Supportive Services is committed to the advocacy, partnership and the provision of respectful and responsive services to promote the health and well being of people and their communities within the region.

[www.easternhealth.ca](http://www.easternhealth.ca)

20 Cordage Place  
PO Box 13122  
St. John's, NL  
A1B 4A4  
Phone (709) 752-4800  
Fax (709) 570-7890  
Contact: Janet Squires

Community Living and Supportive Services offer:

Residential Services  
Special Child Welfare Allowance  
Community Behavioral Program  
Board and Lodging Placement  
Alternate Family Care Program

Supportive Services  
Direct Home Services Program  
Approved Alternate Family Care Homes  
Special Assistance Program

# Community Services Council of Newfoundland and Labrador

The Community Services Council of Newfoundland and Labrador encourages citizen engagement, provides the integration of social and economic development and to provide leadership in shaping policies. They target individuals, families, and communities.

[www.envision.ca](http://www.envision.ca)

Highlights of Programs and Services offered

- Welfare to Work
- Leadership in Progress
- Database Development
- enVision.ca
- Student Work and Service Programs (SWASP)
- Volunteer Centre
- Youth Mobilizing Youth
- Voluntary Sector Task Force

## **St. John's Office**

Community Services Council  
Suite 201, Virginia Park Plaza  
Newfoundland Drive  
St. John's, NL  
A1A 3E9  
Phone (709) 753-9860  
Toll Free 1-866-753-9860  
Fax: (709) 753-6112  
Technical Support 1-877-753-8998  
Contact: Penelope Rowe  
Email: [pennyrowe@csc.nf.net](mailto:pennyrowe@csc.nf.net)

## **Gander Office**

Community Services Council Voluntary  
Resource Center  
PO Box 2222  
2<sup>nd</sup> Floor, McCurdy Complex, Markham Pl.  
Gander, NL  
A1V 2N9  
Phone (709) 651-1140  
Fax (709) 651-1142  
Technical Support 1-877-753-8998  
Contact: Bettina Ford  
Email: [bettinaford@csc.nf.net](mailto:bettinaford@csc.nf.net)

## **Community Youth Network**

The Community Youth Network increases opportunity for youth primarily 12-18 years of age to avail of the supports they need to mature into healthy, educated, employable members of the community.

[www.cyn-stjohns.nf.ca](http://www.cyn-stjohns.nf.ca)

12-16 Carters Hill Place, Youth Service Site

PO Box 26067

St. John's, NL

A1C 5T9

Phone (709) 754-0536

Fax (709) 754-0842

Contact: Angela Crockwell

Email: [acrockwell@cyn-stjohns.nf.ca](mailto:acrockwell@cyn-stjohns.nf.ca)

The Community Youth Network offers various programs and services such as:

Street Reach

Youth at Promise

Awareness

Training Opportunities

Youth Employment

Special Projects & Grants

Community Building

Support Services

## **Janeway Family Centre**

The Janeway Family Centre provides counselling for children and families.

Southcott Hall  
4<sup>th</sup> Floor, 100 Forest Road  
St. John's, NL  
A1A 1E5  
Phone (709) 777-2011  
Fax (709) 777-2037  
Contact: Marjorie Parsons (709) 777-2016

## **Counselling of Hard of Hearing**

The Counselling of Hard of Hearing provides counselling for hard of hearing individuals. The counsellor, Renee Phair is a registered psychologist who is fluent in American Sign Language.

Counselling of Hard of Hearing  
302 LeMarchant Road  
St. John's, NL  
A1E 1R2  
Phone (709) 738-8080  
Fax (709) 738-8090

## **Association for New Canadians**

The Association for New Canadians is a non-profit, community based organization dedicated to the provision of settlement and integration services for immigrants and refugees.

[www.anc-nf.cc](http://www.anc-nf.cc)

Mailing Address  
PO Box 2031 Station 'C'  
St. John's, NL  
A1C 5R6  
Canada

### **Head Office and Settlement Services**

144 Military Rd  
St. John's, NL  
Phone: (709) 722-9680  
Fax: (709) 754-4407

### **ESL Adult Training Centre/AXIS Career Services**

10 Smithville Crescent  
St. John's, NL  
A1C 2V2  
Phone (709) 579-1780  
Fax (709) 754-4407

### **ESL Adult Training Centre**

Ph: (709) 726-6848  
Fax: (709) 726-6891  
[lincscool@nfld.net](mailto:lincscool@nfld.net)

### **AXIS Career Services**

Ph: (709) 579-1780  
Fax: (709) 579-1894  
[eap@nfld.net](mailto:eap@nfld.net)

## Seniors Resource Centre

The Seniors Resource Centre is a non-profit, charitable, voluntary organization. The Seniors Resource Centre is dedicated in promoting independence and well being of older adults in Newfoundland and Labrador. There are over nineteen peer advocates to serve communities across the entire province.

[www.seniorsresource.ca](http://www.seniorsresource.ca)

280 Torbay Road

Suite W100

St. John's, NL

A1A 3W8

Phone (709) 737-2333

Toll Free 1-800-563-5599

Fax (709) 737-3717

Email: [info@seniorsresource.ca](mailto:info@seniorsresource.ca)

Some of the Programs and Services they provide are as follows:

Toll Free Information Line  
Provincial Peer Advocate Program  
Bereavement Support Program  
Seniors Bridging Cultures Program  
Elder Abuse Speaker's Bureau

Lifelong Learners Program  
Friendly Visiting Program  
Grocery Bus Program  
Mall-Walkers Club  
Friday Friendship Club

## Mount Pearl Seniors Independence Group

Established to advocate, plan and promote the independence, dignity, health and well being of vulnerable seniors. The Mount Pearl Seniors Independence Group offers supportive activities for seniors in the Mount Pearl area.

3 Centineal St.  
Mount Pearl, NL  
A1N 1G4  
Phone (709) 748-6485  
Fax (709) 364-6059  
Email: [mtpearlseniors@hotmail.com](mailto:mtpearlseniors@hotmail.com)

The Mount Pearl Seniors Independence Group offers various services & programs such as:

**Friendly Visiting Program** - a weekly visit to offer company and friendship

**Seniors Awareness and Information Day** - a day of information gathering on health and resources

**Snow Clearing Program for seniors** - A 15 week program of FREE snow removal of front and back steps and pathway to sidewalk. NO DRIVEWAYS!

**Summer Odd Job Program** - Eight Week Program that provides Free Labor for odd jobs such as lawn cut, painting or gardening. Seniors provide own materials and tools (Pending approval of funding)

**Regional Caregivers Network** - a forum for community groups to identify common concerns affecting family care-giving.

**Summer Bus Tours** - Bus tours during July and August

**Ecumenical Church Service** - once a year event all are welcome

**Seniors Afternoon Tea** - an afternoon of entertainment, refreshments and lots of prizes

**Income Tax Clinic** - FREE service available for seniors in April

**Foot Care Clinic** Available at Reid Community Center service offered through VON

**Flu Shot Clinic** Available once a year and this is provided by the Community Health and Services ~ St. John's Region

**Senior Frosty Festival Visits** - Members visits 6 homes in Mount Pearl with Frosty.

**Treats and Traditions** - Caregivers tour Christmas lights and celebrate Christmas traditions.

## Independent Living Resource Centre

The Independent Living Resource Centre is a consumer controlled organization committed to providing support, resources, and opportunities for empowerment, which enable persons with disabilities to make informed choices about their lives. The Independent Living Resource Centre is for anyone who has a type/combination of disabilities.

[www.ilrc.nf.ca](http://www.ilrc.nf.ca)

4 Escasoni Place

St. John's, NL

A1A 3R6

Phone (709) 722-4031

Toll Free 1-866-722-4031

TTY (709) 722-7998

Fax (709) 722- 0147

Contact: Lanie Woodfine (Resources) and Barry Galway (Executive Director)

Email: [info@ilrc.nf.ca](mailto:info@ilrc.nf.ca)

The Independent Living Resource Centre offers various programs and services such as:

- Information and networking including: resource library, newsletter, website
- Peer Support: people sharing issues, experiences, knowledge, and expertise
- Volunteer Programs
- Individual Advocacy: helping people stay in control of their lives, offering support for accessing services, skill development, taking risks and solving problems
- Employment Services: Helping people develop careers, search for employment, start a business, or return to school
- Computer Access: free internet access, adaptive computer technology, peer tutoring
- Disability Resource Centre: helping people who have disabilities with any issue they face

## **Canadian National Institute for the Blind (CNIB), NL**

The Canadian National Institute for the Blind (CNIB) provides services to individuals across NL whom vision loss is a central problem in personal and social activities. The CNIB also helps professions, government departments, and private industry in vision loss related matters. They also provide technical aids for the hard of hearing.

[www.cnib.ca/divisions/nflrd](http://www.cnib.ca/divisions/nflrd)

70 Boulevard  
St. John's, NL  
A1A 1K2  
Phone (709) 754-1180  
Fax (709) 754-2018  
Contact: Len Baker  
Email: [Len.Baker@cnib.ca](mailto:Len.Baker@cnib.ca)

CNIB offers various programs and services such as:

Counselling and Referral	Sight Enhancement
Rehabilitation Teaching	Technical Aids
Orientation and Mobility Training	Library Services

## **Consumer Health Awareness Network Newfoundland and Labrador (CHANNAL)**

The CHANNAL is a non-profit organization run for and by mental health consumers/psychiatric survivors. In mental health consumer/psychiatric survivor is anyone who has experience mental illness, difficulties with mental health or uses mental health services. The CHANNAL promotes personal empowerment, healthy coping techniques, and works towards change. CHANNAL helps to share insight, information, and support through individual, group, supportive and peer counseling and workshops.

[www.channalinc.ca](http://www.channalinc.ca)

### **St. John's**

120 LeMerchant Rd.  
Room 333  
PO Box 5788  
St. John's, NL  
A1C 5X3  
Edward Sawdon – Regional Coordinator  
Phone (709) 753-7710  
Fax (709) 635-4688  
Email: [channalstjohns@nf.aibn.com](mailto:channalstjohns@nf.aibn.com) or  
[stjohns@channalinc.ca](mailto:stjohns@channalinc.ca)

### **Eastern Region**

Lorna Garland – Regional Coordinator  
Phone (709) 596-1287  
Email: [nf\\_eastern@channalinc.ca](mailto:nf_eastern@channalinc.ca)

### **Western Region**

Pat Summers- Regional Coordinator  
Phone (709) 638-4919  
Email: [nf\\_west@channalinc.ca](mailto:nf_west@channalinc.ca)

### **Northern/Central Labrador**

Jan Dymond- Regional Coordinator  
Phone (709) 896-0349  
Email: [lab\\_central@channalinc.ca](mailto:lab_central@channalinc.ca)

### **Provincial Office**

**Deer Lake, NL**  
Executive Director  
Karon-Ann Parsons  
Phone (709) 636-4709  
Toll Free 1-888-636-4709  
Fax (709) 635-4709  
Email: [ed@channalinc.ca](mailto:ed@channalinc.ca)

### **Central Region**

Paula Evans – Regional Coordinator  
Phone (709) 489-4719  
Email: [nf\\_central@channalinc.ca](mailto:nf_central@channalinc.ca)

### **Grenfell-Labrador South Region**

Violet Strugnell- Regional Coordinator  
Phone (709) 960-0250  
Email: [lab\\_east@channalinc.ca](mailto:lab_east@channalinc.ca)

## **Coalition of Persons With Disabilities**

The Coalition of Persons with Disabilities advocates for citizenship rights for all persons with disabilities.

[www.codnl.ca](http://www.codnl.ca)

TD Place  
140 Water Street  
Suite 202  
A1C 6H6  
St. John's, NL  
Phone (709) 722-7011  
TTY (709) 722-7998  
Fax (709) 772-4424  
Contact: Mary Ennis, Executive Director  
Email: [codmain@nf.aibn.com](mailto:codmain@nf.aibn.com)

## **Canadian Association of the Deaf (CAD)**

The CAD provides consultation and information on Deaf needs and interests to the public, business, media, educators, governments and others. They also offer assistance to Deaf organizations and service agencies across the country.

[www.cad.ca](http://www.cad.ca)

Suite 203  
251 Blank St.  
Ottawa, Ontario  
K2P 1X3  
Phone (613) 565-2882  
Fax (613) 565-1207  
Email: [info@cad.ca](mailto:info@cad.ca)

## **Newfoundland and Labrador Association for the Deaf**

Newfoundland and Labrador Association of the Deaf is a non-profit association that serves and advocates on behalf of the Deaf community in Newfoundland and Labrador. The Newfoundland and Labrador Association for the Deaf provides deaf literacy programs to adults in the community and educational opportunities that will enable them to become more self-reliant and lead to independent lives. The Deaf Literacy Program is intended to enable Deaf learners to become more functionally literate in order to actively participate in economic, social, and cultural activities in an English-literate society.

[www.nlad.org](http://www.nlad.org)

NL Association for the Deaf  
21 Merrymeeting Road  
St. John's, NL  
A1C 2V6  
Phone (709) 726-6523 (TTY)  
Fax (709) 726-6650  
Email [nlad@nlad.org](mailto:nlad@nlad.org)

## **Interpreting Services**

The Newfoundland and Labrador Interpreting Services (NLIS) offer Visual Language Interpreting Services to the deaf, Deaf, deafened, and hard of hearing customers.

15 Hallett Cres.  
Suite 202  
St. John's, NL  
A1B 4C4  
Phone (709) 753-5621  
TTY (709) 753-5620  
Fax (709) 753-5682  
Email: [isnl.nfld.com](mailto:isnl.nfld.com)

## **The Canadian Hearing Society**

The Canadian Hearing Society serves and supports deaf, deafened and hard of hearing people, parents of deaf and hard of hearing children and to educate the hearing public. Services are offered in a fully accessible and supportive environment by professionals experienced in meeting the needs of deaf, deafened and hard of hearing people.

[www.nsd.nf.ca/](http://www.nsd.nf.ca/)

## **Special Needs Information Service (SNIS)**

Special Needs Information Service Online provides comprehensive directory and a user friendly service for children with special needs, birth to 18 years of age. The agencies and organizations included have Host sites currently in Newfoundland and Labrador, Nova Scotia, and Prince Edward Island.

## **Wheelway**

Wheelway is a door-to-door transportation service for individuals with disabilities who are unable to use the regular transit system. They service St. John's, Mount Pearl, Gould's, Conception Bay South, Topsail, Manuals, Pouch Cove and surrounding areas.

Hours of Operation: Monday to Thursday 7am - midnight  
Friday 7am - 1am  
Saturday 9am – 1pm  
Sunday 9am - midnight

Wheelway  
571 Thorburn Road  
St. John's, NL  
A1B 4Rz  
Phone (709) 753-2877  
Fax (709) 753-0605  
Email [wheelway@nl.rogers.com](mailto:wheelway@nl.rogers.com)